

Partner STD Treatment Cards

Your sex partner just told you that they have been diagnosed with chlamydia.

- This infection is spread through vaginal, oral, and anal sex.
- You may be infected and have no symptoms.
- If left untreated, it can cause serious health problems.

Get Tested & Treated
Take this card to your doctor, clinic, or LA County STD Clinic today.

For more information, clinic referrals, and free condoms, call the STD Hotline 1-800-758-0880 or visit GetProtectedLA.com.

For doctor or nurse:
The person with this card has been exposed to chlamydia. The CDC recommends sexual contacts to chlamydia be treated presumptively with:

Doxycycline 100 mg orally twice a day for 7 days
- OR -
Azithromycin 1 g orally in single dose

Testing for gonorrhea, syphilis, and HIV is also recommended.

For completed CDC treatment guidelines and other STD information, visit www.publichealth.lacounty.gov/dhsp/infoForProviders.htm

  **County of Los Angeles
Public Health**
Revised: 03/2022

What are the cards for?

The cards are designed as a tool to help partners of patients with STDs to get appropriate testing and treatment. Treating partners will help keep your patients from getting re-infected as well as to help decrease the spread of STDs. The cards are particularly useful for situations where patient delivered partner therapy (PDPT) is inappropriate, unavailable, or unacceptable to the patient or when a patient is unwilling to provide information about their partner(s). They can also be used as an adjunct to PDPT and patient referral.

How do I use the cards?

Health care professionals give these cards to patients with gonorrhea, chlamydia and/or trichomoniasis. They instruct the patient to give a card to each of their sex partner(s). One side of the card tells the partner which STD(s) they have been exposed to and why it is important for them to seek testing and treatment. It also gives them information on STD resources and free condoms. They are advised to take the card to their provider/clinic. The other side of the card is for their provider; with instructions as to how to treat the patient and what other testing is indicated, as well as links to other resources.

Are patients willing to use the cards?

The cards are the same size as a business card, so they are designed to fit discretely into a wallet or purse. They have been used at DPH STD clinics for several years and found to be highly acceptable to patients.

Do they work?

A study by Kissinger¹ published in 2005 showed that giving booklets, with similar information to our cards, to heterosexual men with urethritis in a New Orleans STD clinic led to an increase in the number of partners treated and a reduction in patient reinfection compared to standard partner referral.

¹ *Partner Treatment for Male Urethritis • CID 2005:41 (1 September) • 629*

What if my patient isn't going to see their partner again and only has their phone number?

Tell your patient about TellYourPartner.org where they can anonymously notify their partner(s) via text message.

Recommendation: Print cards on cardstock style paper.